Wellness Center (2018-2019)

Meeting Notes

NAME OF COUNCIL/TEAM: Wellness Center (2018-2019)	
OBJECTIVE OF MEETING: Establish recommendation and deliverables.	
DATE: 10/26/2018 **TIME:** 8:30am	**LOCATION/ROOM #:** Fine & Applied Arts Conference Room **CALL-IN NUMBER:** **CALL-IN CODE:**
FACILITATOR(S): Parrish Geary, Breanne Holland	
TIMEKEEPER:	
ASSISTANT: Parrish Geary, Breanne Holland	
MEMBERS PRESENT: Clinton Allison, Michele Arnott, Breanne Holland, Pamela Whipple, Lori Beccarelli, Parrish Geary, Martina Molina-Kanae, Kolleen Ostgaard,	
SUPPORTING RESOURCES (ITEMS READ IN PREPARATION FOR AND/OR BROUGHT TO MEETING):	

UPDATES AND BRIEF REPORTS:

Topic	Person(s) Responsible	Notes
Survey	Parrish Geary	Survey should be available Monday or Tuesday, October 29th/30th.
Human Resources and General Counsel	Parrish Geary	JP Sherry is coming to our meeting on 11/9/18 with an additional person from HR.

ACTION ITEMS:

Question	Person(s) Responsible	Notes and Decision(s)	Next Steps
What is the timeline for additional services in the spring? e.g. what additional services in January, February...	Parrish Geary	1st semester tangible offerings -WellSpace (start date TBD - should find out in November) Is there a general DO plan for the baseline services for all four institutions College nurses - CLIA waiver testing proposal drafted - need to know if everyone will sign off on it - dependent on DO doctor signing off on procedures. Nurses may be able to take the CLIA testing w/o sign-off from doctor. Treatment initiation is the difficult piece without support from DO doctor. Ask to expand the DO doctor's contracted services. Beginning January - expanded hours depending on need Additional ideas discussed - as activities advertised through the Wellness Center (name TBD): -Workshops on resiliency -Create a "Wellness Week" -Nutrition workshops -Kinesiology workshops/activities (Wellness Week) -Mental health workshops -RAD training (personal safety trainings) -CPR activities	Physical space for the first semester is the *current* health center. Depending on when WellSpace and/or adjunct nursing will be there - the physical space is crammed. **Keep WellSpace and adjuncts in the health center as opposed to potentially sitting in other student service areas. **Support college education related to health and wellness through workshops from WellSpace. Are there workshops or ideas this committee can come up with?

What additional contracts do we need?	Breanne Holland	Per Mellonie - DO coordination w/ college implementation (Pam) Nothing in the contract w/ WellSpace prevents another mental health contract Unclear if WellSpace services beyond mental health are allowable with the health fee -Contracts for medical providers	Find out if the baseline services noted on DO Wellness group document are going to be supported through the DO (like WellSpace) or if each college is independent.
What positions do we need for additional staff?	Parrish Geary	-Adjunct nurse -Supervisor/Coordinator of the area - need a job description and hiring process for this individual	
Survey language for students		Actual wording: American River College looks forward to expanding services to support the health and wellness of students. Please complete the following survey, keeping in mind what conditions related to health and wellness may interfere with your ability to meet your academic goals and what services you may need to support the requirements of your courses and programs. These additional supports come in response to recommendations from student groups over the past several years and will be funded by a health services fee of $20 per semester. Please complete and return the survey by November 15th. --- Offering "opportunity drawing" - 10 "swag bags" - First 500 students to respond will qualify to be randomly selected to win a swag bag. With Starbucks gift cards, Oak Café gift cards, supplies for finals, etc.	Kolleen will work on gathering opportunity drawing items.

DISCUSSION ITEMS:

Question	**Person(s) Responsible**	**Notes and Next Steps**
How do we plan to outline our recommendations? (initial draft due to Operations Council 11/27/18)	Parrish Geary	1. Physical space for first semester -current health center 2. First semester services offerings are established - need information from DO re: baseline services -expanded hours -WellSpace 3. Flexible structure for the Health Center has been developed which can evolve over time in response to student need -Established with floor plan designed for new health center space 4. Process established to onboard future partners -need discussion with JP to flesh this out

ITEMS FOR FUTURE CONSIDERATION:

Topic	**Contact Person**