

# Wellness Center (2018-2019)

## Meeting Notes

<b>NAME OF COUNCIL/TEAM:</b> Wellness Center (2018-2019)			
<b>OBJECTIVE OF MEETING:</b> 1. Review purpose of project charter. 2. Set project meeting dates. 3. Discuss subject-matter expert presentations.			
<b>DATE:</b> 09/14/2018 <b>TIME:</b> 8:30am	<b>LOCATION/ROOM #:</b> F&AA Conference Room <b>CALL-IN NUMBER:</b> <b>CALL-IN CODE:</b>		
<b>FACILITATOR(S):</b> Parrish Geary/Breanne Holland			
<b>TIMEKEEPER:</b>			
<b>ASSISTANT:</b> Parrish Geary			
<b>MEMBERS PRESENT:</b> Parrish Geary, Pamela Whipple, Michele Arnott, Lori Beccarelli, Martina Molina-Kanae, Kolleen, Clint Allison, Matthew Blevis, Breanne Holland			
<b>SUPPORTING RESOURCES (ITEMS READ IN PREPARATION FOR AND/OR BROUGHT TO MEETING):</b>			
<b>UPDATES AND BRIEF REPORTS:</b>			
Topic	Person(s) Responsible	Notes	
Review Charter	Parrish Geary	<p>1) Committee reviewed charter</p> <p>a) Part of the purpose of the project team is to present recommendations to the Operations Council</p> <p>2) Committee questioned:</p> <ul style="list-style-type: none"> <li>a) How will the Center, equipment, furniture and move be funded?</li> <li>i) What is the budget?</li> <li>ii) What is the contract with WellSpace?</li> <li>(1) Are there funding constraints tied to current and future spaces?</li> </ul> <p>b) Discussion about fee collected being applied by population</p> <p>i) Will the general current Health Center budget be affected by the new Student Health fee?</p> <p>ii) Would that be considered supplanting?</p> <p>c) Is this something to consider in funding considerations?</p> <p>3) Committee questioned lack of student participation on project team</p> <ul style="list-style-type: none"> <li>a) Requests student representative be appointed by ASB as soon as possible</li> <li>b) Tressa Tabares working on getting students appointed as of 09/20/18</li> </ul> <p>4) Pipeline of upcoming services advertised for Sp. 19</p>	
<b>ACTION ITEMS:</b>			
Question	Person(s) Responsible	Notes and Decision(s)	Next Steps
Approve tentative meeting dates.	Breanne Holland	1) Meeting dates of every Friday, 8:30am- 10:30am through 12/3/18 approved by the team	1) Plan agendas for each meeting based on discussion and action from prior meetings
Determine additional meetings dates.	Breanne Holland/Parrish Geary	No additional meeting dates necessary	
<b>DISCUSSION ITEMS:</b>			
Question	Person(s) Responsible	Notes and Next Steps	
Pros and cons of models/examples of Wellness Centers (links attached under Supporting Resources)	Breanne Holland	<p>1) "Wellness" vs "Health" Center</p> <p>a) How we name the center will give implications for services offered</p> <p>b) Wellness centers have various attributes on college campuses; for the purpose of our center, we want to focus on the physical and mental medical health/needs/concerns of students as opposed to functional health</p>	

Who should we invite for subject-matter presentations e.g. Director of The Well at CSUS.	Breanne Holland	1) HSACCC 2) Becky Pirelli – Peralta CCD 3) The Well director (CSUS)
Additional discussion topics	Parrish Geary	<p>1) Fee announcement with marketing about "why"</p> <p>2) Title V – cannot use funds to serve a select few</p> <p>3) Final report from D.O. workgroup</p> <p>a) Is there a District-wide vision?</p> <p>i) Many "partners" rotating between campuses</p> <p>ii) WellSpace Health contract</p> <p>4) Facilities Update</p> <p>a) Waiting on feasibility report</p> <p>i) Expected 09/14/18 (post-meeting)</p> <p>ii) Additional space added by acquisition of current e-Services space is ~200sqft</p> <p>iii) Considered early on the feasibility of moving in by Sp. 19?</p> <p>(1) What if we cannot move?</p> <p>(a) How to offer expanded services in current space?</p> <p>b) Services offered should be determined in order to determine building codes to use for space</p> <p>c) There's a proposal to have a focus group to converse about the Health Center design</p> <p>5) Create a survey to gauge the campus needs from the students' perspective.</p> <p>6) Current nurses are already at maximum offerings for their licensure</p> <p>7) Additional services</p> <p>a) Hire vs partnership – what would the committee recommend?</p> <p>b) Distinguish the difference between contracts and partnerships</p> <p>8) Other Health Center considerations:</p> <p>a) Physical Health Services-UTI, Strep and other Health services</p> <p>b) Completed by an outside specialist (i.e. Nurse Practitioner)</p> <p>c) Reproduction Services</p> <p>d) Mental Health-short term counseling; consider frequency of visits</p> <p>e) Health Educator (Office Staff member) some job duties are-social media programming and Peer Mentor</p> <p>f) Episodic Care</p> <p>g) Adjunct Nurse</p> <p>h) Health Center collaboration with College Health service programs.</p>

#### ITEMS FOR FUTURE CONSIDERATION:

Topic	Contact Person
How do we onboard outside health and wellness practitioners?	
Budget recommendations - how should funds be utilized?	
WellSpace participation with District Office master plan.	